Millburn Classroom Lunch Menu



"Ask the Dietitian",

check out our websi

arbormgt.com

2	Monday	Tuesday	Wednesday	Thursday	Friday	FREE
	3 Cheddar Cheese Stick-V	4 Crispy Chicken Roll-Up	5 "Say" Cheese Sandwich –V	6 Bean & Cheese Dip	7 Turkey & Cheese Sub	MEALS
	Goldfish Pretzels Hard Boiled Egg Vegetable of the Day Fresh Fruit Milk	Vegetable of the Day Chilled Cupped Fruit Milk	Vegetable of the Day Fresh Fruit Milk	with Nacho Chips—V Vegetable of the Day Chilled Cupped Fruit Milk	Vegetable of the Day Raisins/ Cranberries Milk	To All Children
	10	11	12	13	14	18 and Under
	Yogurt Pack –V Strawberry Yogurt Cheese Stick Cinni Mini Vegetable of the Day Fresh Fruit Milk	Sun Butter & Jelly Sandwich –V Vegetable of the Day Chilled Cupped Fruit Milk	Pizza Munchable with Cheese & Marinara –V Vegetable of the Day Fresh Fruit Milk	Chicken Salad w/Pita Vegetable of the Day Chilled Cupped Fruit Milk	Turkey Sandwich Vegetable of the Day Raisins/Cranberries Milk	Included with Every Meal Fruit and Vegetable 1% or Fat-Free Milk
	17	18	19	20	21	1% of Fdi-Free Milk
	"Say" Cheese Sandwich –V Vegetable of the Day Fresh Fruit Milk	Turkey & Cheese Sub Vegetable of the Day Chilled Cupped Fruit Milk	Crispy Chicken Wrap Vegetable of the Day Raisins/Cranberries Milk	Turkey Ranch Roll–Up Vegetable of the Day Chilled Cupped Fruit Milk	Bean & Cheese Dip with Nacho Chips—V Vegetable of the Day Fresh Fruit Milk	Menu changes are occasionally necessary. Notice will be given when possible. This institution is an equal opportunit employer.
	24	25	26	27	28	Arbor A+ Nutrition Mission
	Cheese Sticks - V Tortilla Chips Salsa Vegetable of the Day Fresh Fruit Milk	Chicken Salad w/Pita Vegetable of the Day Chilled Cupped Fruit Milk	Pizza Munchable with Cheese & Marinara –V Vegetable of the Day Fresh Fruit Milk	Turkey and Cheese Sandwich Vegetable of the Day Chilled Cupped Fruit Milk	Sun Butter & Jelly Wrap—V Vegetable of the Day Raisins/Cranberries Milk	 To serve students daily: ✓ A wide variety of fresh, nutrient rich foods ✓ Fresh fruits and vegetables, locally sourced as seasonally available ✓ Cage free poultry with no added hormones or steroids
	31 No School					✓ Fresh whole and multigrain bread, buns and baked goods
					May 7, 2021	 ✓ No-fat or 1% milk free from any growth hormones from local, sustainable farms <i>~Arber Management ~</i> Make Choices for a Healthy Lifestyle! [©] O⁽¹⁾/₁₀

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